Effects of nintedanib in patients with SSc-ILD and preserved and highly impaired lung function

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INTRODUCTION

- Interstitial lung disease (ILD) is the leading cause of death in patients with systemic sclerosis (SSc).¹
- Decline in forced vital capacity (FVC) in patients with SSc-ILD is associated with mortality.^{2,3}
- In the SENSCIS trial in patients with SSc-ILD, nintedanib reduced the rate of decline in FVC (mL/year) over 52 weeks by 44% versus placebo.⁴

AIM

 To assess the effects of nintedanib in patients with SSc-ILD and preserved and highly impaired lung function.

Methods⁴

- Subjects in the SENSCIS trial had SSc with onset of first non-Raynaud symptom ≤7 years before screening, extent of fibrotic ILD \geq 10% on an HRCT scan, FVC \geq 40% predicted and diffusion capacity of the lung for carbon monoxide (DLco) 30–89% predicted.
- Patients taking prednisone ≤ 10 mg/day and/or stable therapy with mycophenolate or methotrexate for ≥ 6 months prior to randomisation were allowed to participate.
- Subjects were randomised to receive nintedanib or placebo, stratified by the presence of anti-topoisomerase antibody 1 (ATA).
- In subgroups by baseline FVC \leq 90% versus >90% predicted and FVC \leq 60% versus >60% predicted, we assessed the rate of decline in FVC (mL/year), categorical declines in FVC, and time to composite outcomes based on lung function decline and death over 52 weeks. Exploratory interaction p-values were calculated to assess potential heterogeneity in the treatment effect of nintedanib versus placebo between subgroups. No adjustment for multiplicity was made.
- Adverse events are presented descriptively.

RESULTS

Subjects

■ Of 576 subjects, 151 (26.2%) had FVC ≤60% predicted, 344 (59.7%) had FVC >60 to ≤90% predicted, and 81(14.1%) had FVC >90% predicted at baseline.

/C ≤90% predicted at baseline (n=495)	FVC >90% predicted at baseline (n=81)		FVC ≤60% predicted at baseline (n=151)	FVC >60% predicted at baseline (n=425)	
74.7	77.8	Female (%)	71.5	76.5	
53.2 (12.5)	58.8 (9.0)	Age (yr)	50.3 (12.8)	55.3 (11.7)	
3.5 (1.7)	3.3 (1.8)	Years since onset of first non-Raynaud symptom	3.6 (1.7)	3.5 (1.7)	
63.0	46.9	ATA-positive (%)	61.6	60.5	
53.1	44.4	Diffuse cutaneous SSc (%)	62.3	48.2	
11.5 (9.2)	8.5 (7.0)	modified Rodnan skin score (mRSS)	13.3 (10.1)	10.4 (8.5)	
67.9 (12.6)	100.8 (8.6)	FVC % predicted	52.6 (5.7)	79.6 (13.2)	
51.3 (14.4)	63.3 (14.8)	DLco % predicted	44.7 (11.9)	56.0 (15.0)	
50.7	38.3	Taking mycophenolate (%)	57.6	45.9	







https://www.globalmedcomms.com/respiratory/ERS2020/Wuyts

Rate of decline in FVC (mL/year) over 52 weeks

- In the placebo group, the rate of decline in FVC (mL/year) over 52 weeks was numerically greater in patients with FVC \leq 90% than > 90% predicted, and in patients with FVC \leq 60% than >60% predicted, at baseline (Figure 1).
- The effect of nintedanib versus placebo on reducing the rate of FVC decline was similar between patients with FVC $\leq 90\%$ versus > 90% predicted at baseline (Figure 1). The effect of nintedanib versus placebo on reducing the rate of FVC decline was numerically more pronounced in patients with FVC >60% than \leq 60% predicted at baseline, but the interaction p-value did not indicate heterogeneity in the treatment effect of nintedanib between subgroups (p=0.73) (Figure 1).



Categorical declines in FVC over 52 weeks

No heterogeneity was detected across the subgroups in the effect of nintedanib versus placebo on categorical declines in FVC or time to composite outcomes based on lung function decline and death (Figure 2; Table). The number of patients with FVC decline meeting these thresholds was low for some subgroups and needs to be interpreted with caution.



Table. Time to composite outcomes over 52 weeks in subgroups by FVC % predicted at baseline										
	FVC ≤90% predicted at baseline		FVC >90% predicted at baseline		FVC ≤60% predicted at baseline		FVC >60° at ba			
	Nintedanib (n=249)	Placebo (n=246)	Nintedanib (n=39)	Placebo (n=42)	Nintedanib (n=81)	Placebo (n=70)	Nintedanik (n=207)			
Absolute decline in FVC ≥10% predicted or death, n (%)	33 (13.3)	56 (22.8)	7 (17.9)	6 (14.3)	16 (19.8)	13 (18.6)	24 (11.6)			
Hazard ratio (95% CI)	0.57 (0.3	87, 0.88)	1.34 (0.4	45, 4.00)	1.09 (0.5	53, 2.28)	0.50 (0			
Treament-by-subgroup interaction	p=0.15				p=0.07					
Absolute decline in FVC $\geq 10\%$ predicted, or absolute decline in FVC $\geq 5\%$ to <10% predicted plus absolute decline in DLco $\geq 15\%$ predicted, or death, n (%)	31 (12.4)	59 (24.0)	8 (20.5)	7 (16.7)	13 (16.0)	15 (21.4)	26 (12.6)			
Hazard ratio (95% CI)	0.50 (0.3	32, 0.77)	1.41 (0.	51, 3.89)	0.73 (0.3	35, 1.54)	0.52 (0			
Treatment-by-subgroup interaction	p=0.06				p=0.43					
Relative decline in FVC $\geq 10\%$ predicted, or relative decline in FVC $\geq 5\%$ to <10% predicted plus relative decline in DLco $\geq 15\%$ predicted, or death, n (%)	82 (32.9)	113 (45.9)	9 (23.1)	10 (23.8)	32 (39.5)	40 (57.1)	59 (28.5)			
Hazard ratio (95% CI)	0.68 (0.5	51, 0.91)	1.13 (0.4	46, 2.78)	0.68 (0.4	43, 1.08)	0.74 (0			
Treatment-by-subgroup interaction		p=	0.30	p=0.75						

CONCLUSION

In the SENSCIS trial in patients with SSc-ILD, the benefit of nintedanib on reducing the rate of decline in FVC was consistent in patients with preserved FVC and in patients with advanced impairment in FVC at baseline.

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